## ABSTRACT

A control panel that that displays workout information and provides audio entertainment to a user while exercising. 5 The control panel has an upper surface, a side surface, an interior housing, an AM/FM radio and a CD player. The upper surface of the control panel contains an exercise switchpad, a main exercise display screen, first and second exercise display windows, a multi-position lever switch, a frequency 10 display window, two pushbutton frequency selection switches, two pushbutton volume adjustment switches and an audio jack. The upper surface is in electrical communication with the radio and the CD player, both of which are located in the interior housing. A CD drive is located in the side surface 15 of the control panel.